

TobReg advisory note on waterpipe tobacco smoking: Health effects, research needs and recommended actions by regulators

Contents

Preface

Acknowledgements

Purpose of advisory

Background and history

Description of waterpipes and waterpipe smoking

Health effects

Regional and global patterns of waterpipe smoking

Science base and conclusions

Research needs

**Suggested actions for regulators (consistent with the definition of “tobacco product”
under the WHO Framework Convention on Tobacco Control**

References

**Annex: Members of the WHO Study Group on Tobacco Product Regulation and the WHO
Secretariat**



**World Health
Organization**

Regional Office for the Eastern Mediterranean