

GRADE criteria	Rating (circle one)	Footnotes (explain reasons for down- or upgrading)	Quality of the evidence (Circle one)
Outcome:			
Study design	RCT (starts as high quality) Non-RCT (starts as low quality)		
Risk of Bias <i>(use the Cochrane Risk of Bias tables and figures)</i>	No serious (-1) very serious (-2)		⊕⊕⊕⊕ High
Inconsistency	No serious (-1) very serious (-2)		⊕⊕⊕○ Moderate
Indirectness	No serious (-1) very serious (-2)		⊕⊕○○ Low
Imprecision	No serious (-1) very serious (-2)		⊕○○○ Very Low
Publication Bias	Undetected Strongly suspected (-1)		