



Figure 2 Changes in salt intake as measured by 24-hour urinary sodium (UNa) excretion, blood pressure (BP), stroke and Ischemic heart disease (IHD) mortality in England from 2003 to 2011 (* $P < 0.05$ and *** $P < 0.001$ for trend) [He FJ, Pombo-Rodrigues S, MacGregor GA. Salt Reduction in England from 2003 to 2011: its relationship to blood pressure, stroke and ischaemic heart disease mortality. *BMJ Open*. 2014 Apr 14;4(4):e004549. doi: 10.1136/bmjopen-2013-004549. PMID:24732242]