

Table 2 Depression in relation to general health status of elderly people in Al-Dakhliyah governorate, Oman

General health status	Not depressed		Depressed		Total		OR	95% CI
	No.	% <sup>a</sup>	No.	% <sup>a</sup>	No.	% <sup>a</sup>		
<b>Chronic diseases</b>								
No	571	41.7	103	36.9	674	40.9	1.00	–
Yes	799	58.3	176	63.1	975	59.1	1.22	0.94–1.59
<b>Dementia</b>								
No	1053	81.0	113	43.3	1166	74.7	1.00	–
Yes	247	19.0	148	56.7	395	25.3	5.58	4.21–7.40
<b>Incontinence</b>								
Absent	1269	94.1	232	84.4	1501	92.4	1.00	–
Probably	31	2.3	14	5.1	45	2.8	2.47	1.29–4.72
Present	49	3.6	29	10.5	78	4.8	3.24	2.00–5.23
<b>Joints</b>								
No problem	850	64.7	132	49.8	982	62.2	1.00	–
Problem present	463	35.3	133	50.2	596	37.8	1.85	1.42–2.41
<b>Use of mobility aid</b>								
No	873	64.8	173	64.3	1046	64.7	1.00	–
Yes	475	35.2	96	35.7	571	35.3	1.02	0.78–1.34
<b>Nutrition status</b>								
Satisfactory	271	64.7	61	40.7	332	58.3	1.00	–
Unsatisfactory	148	35.3	89	59.3	237	41.7	2.67	1.82–3.92
<b>Polypharmacy</b>								
Not present	1143	85.7	221	81.5	1364	85.0	1.00	–
Present	190	14.3	50	18.5	240	15.0	1.36	0.97–1.92
<b>Perception of health</b>								
Good/very good	502	37.4	54	19.9	556	34.4	1.00	–
As peers of same age	729	54.2	151	55.5	880	54.5	1.93	1.38–2.68
Poor	85	6.3	58	21.3	143	8.8	6.34	4.10–9.81
Uncertain	28	2.1	9	3.3	37	2.3	2.99	1.34–6.66
<b>Physical activity last week</b>								
Yes	919	70.4	142	55.0	1061	67.8	1.00	–
No	387	29.6	116	45.0	503	32.2	1.94	1.48–2.55

<sup>a</sup>Data were missing in some categories; denominators for the percentages were the total number for the category.

OR = odds ratio; CI = confidence interval.