

Table 2 Distribution of health-related factors of adults aged ≥ 65 years stratified by marital status

Health-related variables	Total (n = 1630)		Married (n = 1071)		Unmarried ^a (n = 559)		P-value
	No.	%	No.	%	No.	%	
	Chronic diseases						
Hypertension							
Yes	596	36.6	345	32.2	251	44.9	< 0.001
No	1034	63.4	726	67.8	308	55.1	
Vascular disorder							
Yes	434	26.6	262	24.5	172	30.8	0.006
No	1196	73.4	809	75.5	387	69.2	
Diabetes mellitus							
Yes	358	21.9	218	20.3	140	25.0	0.029
No	1273	78.1	854	79.7	419	75.0	
Pulmonary disorder							
Yes	101	6.2	61	5.7	40	7.2	0.244
No	1530	93.8	1011	94.3	519	92.8	
Activities of daily living							
ADL score							
0	1387	85.0	946	88.2	441	78.8	< 0.001
1	52	3.2	26	2.4	26	4.6	
2	46	2.8	19	1.8	27	4.8	
3	34	2.1	15	1.4	19	3.4	
4	30	1.8	13	1.2	17	3.0	
5	83	5.1	53	4.9	30	5.4	
Mean (SD)	0.48 (1.29)		0.40 (1.22)		0.63 (1.40)		< 0.001
Communication problems							
Speech problems							
Yes	98	6.0	56	5.2	42	7.5	0.065
No	1532	94.0	1015	94.8	517	92.5	
Hearing problems							
Yes	234	14.4	127	11.9	107	19.1	< 0.001
No	1396	85.6	944	88.1	452	80.9	
Sight problems							
Yes	277	17.0	149	13.9	128	22.9	< 0.001
No	1353	83.0	922	86.1	431	77.1	

^aSingle, divorced, separated and widowed.

SD = standard deviation.