

Table 1 Breastfeeding, milk and tea drinking of children aged 12–18 years in Gaza Strip during their first 7 years of life

Variable	No.	%
Exclusively breastfed for first 6 months		
Yes	290	82.9
No	60	17.1
Total	350	100.0
Month when formula was started		
1–2	39	61.9
3+	24	38.1
Total	63 ^a	100.0
Month when milk drinking was started		
1–15	89	48.9
16+	93	51.1
Total	182	100.0
No. of cups of milk drunk per day age 1–3 years		
1–2	88	48.4
3+	94	51.6
Total	182	100.0
No. of cups of milk drunk per day age 4–7 years		
1	114	92.7
2	9	7.3
Total	123	100.0
Type of milk drunk		
Artificial milk	147	80.8
Animal milk	26	14.3
Artificial and animal milk	9	4.9
Total	182	100.0
If artificial milk, type of water used to reconstitute		
Tap water	155	99.4
Mineral water	1	0.6
Total	156	100.0
Year in which tea drinking was started		
1	124	44.1
2+	157	55.9
Total	281	100.0
No. of cups of tea drunk per day age 1–3 years		
1	259	98.1
2+	5	1.9
Total	264	100.0
No. of cups of tea drunk per day age 4–7 years		
1–2	155	58.1
3+	112	41.9
Total	267	100.0
Type of water used to prepare tea		
Tap water	277	98.6
Mineral water	4	1.4
Total	281	100.0

^aIn addition to the 60 mothers who used formula in the child's first 6 months, 3 mothers started to use formula during the 7th to 9th months.