

Table 3 Knowledge of diabetes among the study group of patients (n = 150)

Item	% correct
Know that diabetes could be inherited	92.7
Know that chronic complications could occur	90.0
Know that diabetes is associated with a lack of effective insulin in the body	90.0
Know that regular examination of feet should be done	68.0
Know that blood sugar should be measured regularly to assess control	60.7
Know that regular exercise is helpful to control diabetes	60.0
Know the importance of dietary regulation in addition to medication	60.0
Aware of normal range of fasting blood sugar	58.0
Know that diabetes cannot be cured	56.0
Know that annual eye examination should be done	50.0
Able to recognize symptoms of hypoglycaemia	8.0
Able to recognize symptoms of hyperglycaemia	9.3