

Table 1 Baseline characteristics of the study women (n = 264)

Variable	No.	%
Type of disease		
Diabetes	81	30.7
Hypertensive	83	31.5
Obese/ overweight	100	37.9
Education		
Less than high school	122	46.4
High school graduated	103	39.2
Academic	38	14.4
Occupation		
Housewife	222	84.7
Worker/clerk	40	15.3
Age (years)		
18–34	88	33.3
35–44	89	33.7
45–55	87	33.0
No. of children		
< 2	64	24.2
2–3	151	57.2
4+	49	18.2
Type of contraception (recent)		
Withdrawal	90	34.4
Hormonal	23	8.8
IUD	34	13.0
Condom	43	16.4
Tubal ligation/vasectomy	72	27.5

IUD = intrauterine device.