

Table 1 Characteristics of the study sample (n = 5409^a)

Variable	Overall sample No.	Valid %
<i>Age (n = 5389)</i>		
14–	39	0.7
15–	415	7.7
16–	1291	24.0
17–	1562	29.0
18–	1208	22.4
19–	622	11.5
20–	252	4.7
<i>Sex</i>		
Male	2739	50.6
Female	2670	49.7
<i>Region</i>		
Muscat	1118	20.7
Dhofar	575	10.6
Al Dakhliya	789	14.6
North Sharqiya	437	8.1
South Sharqiya	426	7.9
North Batinah	1132	20.9
South Batinah	582	10.8
Al Dhahira	350	6.5
<i>Grade</i>		
First	2150	39.6
Second Arts	762	14.1
Second Science	931	17.2
Third Arts	726	13.4
Third Science	840	15.5
<i>Father's education (n = 4634)</i>		
Illiterate	1236	26.7
Can read and write	1332	28.7
Primary school	650	14.0
Preparatory school	682	14.7
Secondary school	326	7.0
Diploma	111	2.4
University +	297	6.4
<i>Mother's education (n = 4789)</i>		
Illiterate	2412	50.4
Can read and write	867	18.1
Primary school	773	16.1
Preparatory school	363	7.6
Secondary school	191	4.0
Diploma	59	1.2
University +	124	2.6

Table 1 Characteristics of the study sample (n = 5409^a) (concluded)

Variable	Overall sample No.	Valid %
<i>Personal history of mental illness</i>	125	2.3
<i>Personal history of physical illness</i>	411	7.6
<i>Having a hobby (n = 5333)</i>	4866	91.2
<i>Ever dropped a class (n = 5345)</i>	1817	34.0
<i>Has breakfast daily (n = 5361)</i>	3223	60.1
<i>Sleeps 7–8 hours/night (n = 5350)</i>	2318	43.3
<i>Physical activity outside school \geq 3 times/week (n = 5329)</i>	1025	19.2
<i>Current smoker (n = 5327)</i>	161	3.0
<i>Physical abuse during adolescence (n = 5345)</i>	397	7.6
<i>Physical abuse during childhood (n = 5260)</i>	1324	24.7
<i>Recites Quran daily (n = 5389)</i>	1717	31.9
	Mean score (SD)	
<i>Relationship (range 1–5)</i>		
With father	4.08 (1.26)	
With mother	4.36 (0.99)	
With siblings	3.91 (1.25)	
With friends	3.93 (1.09)	
With teachers	3.02 (1.16)	
<i>Locus of control (range 6–36)</i>		
External	22.25 (5.06)	
Internal	24.32 (5.12)	

^aMany of the variables had values missing; total is indicated where appropriate.
SD = standard deviation.