

Table 6 Analysis of principal components of menopausal symptoms for unmarried (at the time of the interview) women (n = 138)

Variable	Factors and loadings						
	1	2	3	4	5	6	7
Menopausal symptom							
Depressed mood	0.69	–	–	–	–	–	–
Irritability	0.76	–	–	–	–	–	–
Disturbed concentration	0.66	–	–	–	–	–	–
Anxiety	0.57	–	–	–	–	–	–
Tinnitus	0.64	–	–	–	–	–	–
Loss of skin elasticity	–	0.71	–	–	–	–	–
Hot flushes	–	0.46	–	–	–	–	–
Headache	–	0.47	–	–	–	–	–
Skin wrinkles	–	0.64	–	–	–	–	–
Tiredness	–	0.65	–	–	–	–	–
Blurring of vision	–	–	0.51	–	–	–	–
Numbness	–	–	0.78	–	–	–	–
Decreased breast size	–	–	0.47	–	–	–	–
Sleep problems	–	–	0.44	–	–	–	–
Drowsiness	–	–	0.63	–	–	–	–
Flatulence	–	–	–	0.62	–	–	–
Nausea	–	–	–	0.83	–	–	–
Loss of appetite	–	–	–	0.82	–	–	–
Muscle or joint pain	–	–	–	–	–0.42	–	–
Incontinence	–	–	–	–	0.76	–	–
Burning micturition	–	–	–	–	0.79	–	–
Sweating	–	–	–	–	–	–0.61	–
Propensity to gain weight	–	–	–	–	–	0.55	–
Hair loss	–	–	–	–	–	0.68	–
Palpitations	–	–	–	–	–	0.33	–
Increased facial hair	–	–	–	–	–	–	0.56
Difficult breathing	–	–	–	–	–	–	0.63
Statistical analysis							
Eigenvalue	2.9	2.6	2.4	2.2	1.9	1.6	1.6
Cumulative % of explained variance in symptoms	10.6	20.3	29.0	37.1	44.2	50.2	56.0