Table 3 **Mean diabetes knowledge, beliefs and practices scores for different characteristics of the participants**

Characteristic	Score[a]		
	Knowledge Mean (SD)	Beliefs Mean (SD)	Practices Mean (SD)
Age (years)			
25–39	28.1 (9.4)	8.1 (2.8)	6.3 (2.6)
40–49	26.0 (11.4)	7.1 (3.0)	6.3 (1.7)
50–59	22.6 (11.2)	6.2 (3.0)	6.3 (2.1)
60–69	20.2 (10.8)	5.9 (3.0)	5.8 (2.2)
70+	15.9 (11.0)	5.2 (3.0)	5.9 (1.8)
Sex			
Female	21.4 (11.8)	6.1 (3.3)	6.1 (1.9)
Male	24.9 (10.7)	7.0 (2.7)	6.2 (2.2)
Education level			
Illiterate	13.0 (8.6)	4.0 (2.9)	5.6 (2.1)
Primary	14.6 (8.3)	4.6 (2.0)	5.8 (1.9)
Secondary	21.6 (10.0)	6.1 (2.6)	6.1 (2.2)
Intermediate[b]	29.0 (8.5)	8.0 (2.5)	6.4 (2.3)
Graduate & above	32.4 (7.8)	8.65 (2.5)	6.6 (1.8)
Occupation			
Housewife	20.7 (11.6)	5.9 (3.1)	5.9 (2.2)
Blue-collar worker	17.6 (8.4)	5.2 (2.2)	5.8 (1.6)
White-collar worker	31.7 (8.8)	8.4 (2.8)	6.6 (1.7)
Self-employed	22.5 (11.1)	6.7 (2.5)	6.4 (2.4)
Retired	24.8 (10.0)	7.0 (2.7)	6.5 (1.9)
Duration of diabetes (years)			
< 1	19.0 (11.6)	5.6 (2.6)	5.0 (2.1)
1–5	21.8 (10.8)	6.2 (2.9)	6.3 (1.9)
6–15	24.1 (11.9)	6.7 (3.2)	6.3 (2.2)
> 15	27.6 (9.8)	7.4 (2.9)	6.0 (1.6)
Type of diabetes			
Type 2	22.3 (11.3)	6.4 (3.0)	6.1 (2.0)
Type 1	32.7 (6.9)	8.0 (2.6)	6.9 (2.5)
Type of treatment			
Diet	19.7 (11.9)	5.4 (3.1)	4.1 (1.8)
Oral hypoglycaemic drugs	21.8 (10.9)	6.3 (2.9)	6.1 (1.8)
Insulin	29.7 (10.7)	7.8 (3.3)	7.3 (2.3)
Place of treatment			
Community health centre	20.9 (11.0)	6.1 (2.9)	5.5 (2.0)
Consulting clinic	24.9 (11.5)	6.9 (3.1)	6.6 (2.0)
Overall	23.1 (11.4)	6.5 (3.0)	6.2 (2.0)

SD = standard deviation.
[a]Maximum possible scores: knowledge 59; beliefs 15; practices 14.
[b]Up to 12 years education in school.