

Table 2 Distribution of participants according to their diabetes knowledge, beliefs and practices scores

Variable	Males (n = 95) No.	Females (n = 104) No.	Total (n = 199) No. (%)	
<i>Knowledge score</i>				
Poor	37	59	96	48.2
Acceptable	45	31	76	38.2
Good	13	14	27	13.6
<i>Beliefs score</i>				
Poor	46	62	108	54.3
Acceptable	32	24	56	28.1
Good	17	18	35	17.6
<i>Practices score</i>				
Poor	54	56	110	55.3
Acceptable	33	34	67	33.7
Good	8	14	22	11.0

Poor: < 40% of the maximum possible score (knowledge 59; beliefs 15; practices 14).

Acceptable: 41%–60% of the maximum possible score.

Good: > 60% of the maximum possible score.