

**Table 2 Clinical characteristics of Saudi Arabian army recruits with flat foot**

Characteristic	Cases (n = 104)	
	No.	%
<i>Site</i>		
Unilateral	26	25.0
Bilateral	78	75.0
<i>Mobility</i>		
Mobile	103	99.0
Fixed	1	1.0
<i>Grade<sup>a</sup></i>		
Grade 1	18	17.3
Grade 2	39	37.5
Grade 3	47	45.2
<i>Accompanying symptoms<sup>b</sup></i>		
No	0	0.0
Yes	104	100.0
<i>Heel condition</i>		
Neutral	103	99.0
Varus	1	1.0
Valgum	0	0.0
<i>Associated deformities in knee</i>		
No	83	79.8
Genu varum	18	17.3
Genu valgum	3	2.9
<i>Other congenital defects</i>		
No	102	98.1
Yes	2	1.9

<sup>a</sup>Classified according to Denis [11].

<sup>b</sup>Metatarsalgia and disfigurement.