

Table 2 Sociodemographic and other characteristics of the participants, Lebanese adults aged ≥ 18 years (n = 412), 2021

Characteristic	No. (%)
<i>Female sex</i>	320 (77.7)
<i>Being single/widowed/married</i>	241 (58.5)
Monthly income	
No income	4 (1.0)
Low (< 1 500 000 LL)	61 (14.8)
Intermediate (1 500 000–3 000 000 LL)	104 (25.2)
High (> 3 000 000 LL)	207 (50.2)
Refused to answer	36 (8.7)
University education	383 (93.0)
Region (governorate)	
Beirut	81 (19.7)
Mount Lebanon	198 (48.1)
North	67 (16.3)
South	33 (8.0)
Beqaa	33 (8.0)
<i>Being employed</i>	250 (60.7)
<i>Food security status (food secure)</i>	236 (57.3)
	Mean (SD)
<i>Age</i>	33.80 (12.02)
<i>Household crowding index</i>	1.00 (0.48)
<i>Financial well-being scale</i>	4.31 (2.12)

SD = standard deviation.