

Table 1 Mean consumption of SSBs and fruit juice and prevalence of overweight and obesity among children and adults in Saudi Arabia and UAE (1,5,8)

	Mean daily SSBs intake (g/day) (2018)	Servings/ week (2018)	Mean daily fruit juice intake (g/day) (2018)	Servings/ week (2018)	Prevalence of overweight among adults (2022)	Prevalence of obesity among adults (2022)	Prevalence of overweight among children (5–19 years) (2022)	Prevalence of obesity among children (5–19 years) (2022)	Prevalence of diabetes 2021
KSA	244.1	1.0	22.2	0.09	71.8	40.6	41.4	18.1	18.7
UAE	132.7	0.5	24.5	0.10	71.3	32.1	45.3	21.4	16.4