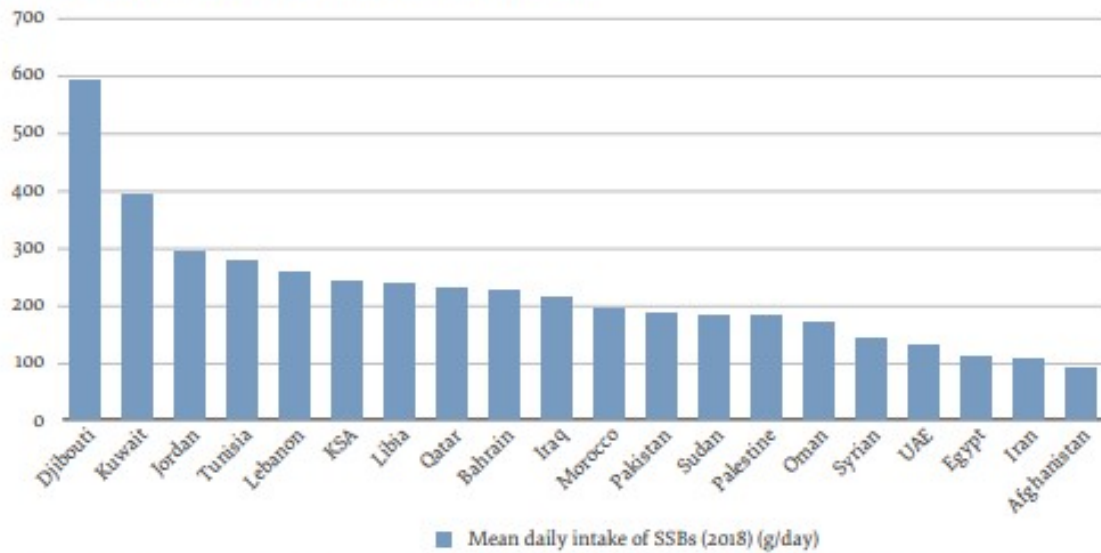


Figure 1 Mean daily intake of SSBs in Eastern Mediterranean Region



*SSBs defined as any beverage that has added sugar and contains > 50 calories per 248 g serving. This category includes energy drinks, fruit drinks, punch, lemonade, soft drinks, and aguas frescas. It does not include 100% fruit and vegetable juices, noncaloric artificially sweetened beverages, or sweetened milk. A 248 g serving is the standard serving size. The volume serving of a beverage with added sugar is measured in weight.

KSA = Kingdom of Saudi Arabia; SSBs = sugar-sweetened beverages; UAE = United Arab Emirates.