

**Table 1. Demographic profile of 30 study participants, Pakistan, 2023**

<b>Variable</b>	<b>Female</b>	<b>Male</b>	<b>Total</b>
Gender	12	18	30
<b>Age-group (years)</b>			
35-45	3	0	3
45-55	4	9	13
55-70	5	9	14
<b>Location</b>			
Sargodha	15	0	15
Lahore	0	15	15
<b>Education</b>			
No formal education	2	4	6
Primary	1	3	4
Secondary	5	4	9
Bachelors	4	7	11
<b>Duration of hypertension</b>			
25-35 years	6	10	16
15-25 years	3	4	7
5-15 years	2	2	4
<5 years	1	2	3