

Table 1. Types of mental health services provided by the community-based mental health care centre

Service	Frequency
Individual sessions	4517
Psychiatric consultations for assessment and follow-up	1341
Specialist psychological consultations (assessment & psychotherapy)	1586
Non-specialist psychological consultation by trainee psychologists	1590
Group psychotherapy sessions (average of 6 participants per session)	22
Psychiatric nursing consultations (assessment and follow-up)	476
Social work consultations (assessment and follow-up)	377
Hospitalisations (for 10 beneficiaries, 2 of whom were admitted twice)	12
Indicated medical laboratory testing	37
Unique psychotropic prescriptions	170