

Table 2. Characteristics of participants related to lifestyle

Characteristic	2014	2023	Characteristic	2014	2023
	(n = 1228)	(n = 1517)		(n = 1228)	(n = 1517)
	n (%)	n (%)		n (%)	n (%)
Chronic disease existence			Car ownership		
Yes	373 (30.4)	388 (25.6)	Yes	761 (62.0)	1045 (86.9)
No	855 (69.6)	1129 (74.4)	No	467 (38.0)	472 (31.1)
Chronic disease			Computer ownership		
Hypertension	175(46.9)	136(35.1)	Yes	838 (68.2)	1126 (74.2)
Diabetes	120(32.2)	96(24.5)	No	390 (31.8)	391 (25.8)
Heart disease	71(19.0)	60(15.5)	Disability for physical activity		
COPD	48(12.9)	19(4.9)	Yes	130 (10.6)	136 (9.0)
Other	105(28.2)	213(14.0)	No	1098 (89.4)	1381 (91.0)
Smoking			Mean daily time spent on TV and computer (min)		
Never	772 (62.9)	983 (64.8)		178.64 ± 131.66	190.14 ± 137.86
Currently smoking	363 (29.6)	455 (30.0)	BMI		
Quit	93 (7.5)	79 (5.2)	Weak	8 (0.7)	26 (1.7)
Mean years of smoking	16.72 ± 10.37	17.62 ± 11.32	Normal weight	447 (36.4)	614 (40.5)
Daily no. of cigarettes			Overweight	547 (44.5)	592 (39.0)
	n = 363	n = 455	Obese	226 (18.4)	285 (18.8)
1-10	184(50.7)	180(39.6)	BMI $\chi^2 = 14.135, P = 0.003^a$		
11-20	126(34.7)	212(46.6)	Mean BMI		
> 1 pack	53(14.6)	63(13.8)		26.52 ± 4.11	26.31 ± 4.33

^aComparison between 2014 and 2023. BMI = body mass index; COPD = chronic obstructive pulmonary disease.