

Table 1 Interview guide

Question	Suggested probes
Can you please share your experiences of telepsychiatry/tele-psychotherapy?	Challenges of telepsychiatry/tele-psychotherapy Challenges from mental health practitioner Challenges from patient Preference? Face-to-face or tele-consultation? Why?
What are the advantages and disadvantages of tele-mental health services?	Technology Privacy Availability and accessibility Convenience Patient-provider relationship Cultural acceptance or barriers Cost Environment Satisfaction level
What do you think about the outcome of treatment through tele-mental health services?	Improvement/satisfaction Follow-up rates
What can be done to improve tele-mental health services in Pakistan?	
Do you have any question or comments?	
Other	Give me an example. Having said that ... can you now ...? Can you elaborate more on it? What makes you think that? What do you mean?