

Table 1 Prevalence of breast cancer risk factors in the study sample, Cyprus

Characteristic	Breast cancer patients (n = 318)		Population based controls (n = 337)		Total (n = 655)
	No.	%	No.	%	No.
Age, years					
30-39	6	4.5	128	95.5	134
40-49	44	37.3	74	62.7	118
50-59	56	49.6	57	50.4	113
60-69	97	65.1	52	34.9	149
70-85	115	81.6	26	18.4	141
Age at first birth, years					
< 20	56	54.4	47	45.6	103
20-24	128	57.4	95	42.6	223
25-29	75	52.8	67	47.2	142
≥ 30	34	79.1	9	20.9	43
Nulliparous	25	17.4	119	82.6	144
Age at menarche, years					
< 12	18	85.7	3	14.3	21
12-13	217	46.3	252	53.7	469
≥ 14	83	50.3	82	49.7	165
Breast biopsy					
Yes	81	71.1	33	28.9	114
No	237	43.8	304	56.2	541
Breast density					
Extremely dense	26	40.6	38	59.4	64
Heterogeneously dense	187	56.5	144	43.5	331
Almost entirely fatty	105	40.4	155	59.6	260
Breastfeeding duration, months					
≥ 24	165	65.5	87	34.5	252
19-23	0	0.0	0	0.0	0
12-18	99	47.8	108	52.2	207
7-11	0	0.0	0	0.0	0
≤ 6	29	64.4	19	39.6	48
Never	25	16.9	123	83.1	148
First degree relatives with breast cancer					
Yes	49	75.4	16	24.6	65
No	269	45.6	321	54.4	590
Second degree relatives with breast cancer					
Yes	35	85.4	6	14.6	41
No	283	46.1	331	53.9	614
Hormone replacement therapy					
Yes	15	100.0	0	0.0	15
No	303	47.3	337	52.7	640
Menopausal status					
Premenopausal	113	31.1	250	68.9	363
Perimenopausal	10	76.9	3	23.1	13
Postmenopausal	195	69.9	84	30.1	279