Table 2 Selected indicators to evaluate palliative care activities in Eastern Mediterranean Region

Indicators

Existence of a current national palliative care plan, programme, policy or strategy.

Number of specialized palliative care services in the country per population.

Paediatric palliative care provision.

Line item for palliative care in the national health budget for the Ministry of Health or equivalent government agency.

Prequalification education for doctors/nurses.

Availability of morphine and other strong opioids.

Inclusion of palliative care services in the basic package of health services.

Existence of professional vitality regarding palliative care.

Reported annual opioid consumption, excluding methadone, in morphine equivalence per capita.

Specific palliative care national legislation.

Level of public awareness of palliative care.

Process of official specialization in palliative medicine for physicians, recognized by the competent authority.

Palliative care included in health insurance plans.

Availability of centres of excellence for palliative care, education and research.

Existence of grants to finance palliative care research.

[&]quot;Vitality: explores aspects regarding professional activity in PC, such as the existence of at least 1 national PC association, PC services directory, national journal of PC, and a PC congress. PC = palliative care.