

**Table 2 Eigenvalues and percentage of variances explained with each component, Tehran 2019**

Component	Sum of squared loadings					
	Extraction			Rotation		
	Total	% of variance	Cumulative %	Total	% of variance	Cumulative %
1	8.851	59.005	59.005	4.386	29.242	29.242
2	1.092	7.282	66.288	3.517	23.448	52.690
3	1.052	7.013	73.300	3.091	20.610	73.300

Component 1: "thoughts or preoccupation with food" consisted of 6 items that explained 29.2% of the variance referred.

Component 2: "lack of control over eating" consisted of 6 items that explained 23.4% of the variance.

Component 3: "emotional eating" consisted of 3 items and explained 20.6% of the variance.