

Table 2 Sleep problems among recovered COVID-19 cases and controls, Egypt, 2020

Variable	Cases (n = 85)	Controls (n = 85)	Mann–Whitney U test	P-value ^a
	Mean (SD)	Mean (SD)		
Sleep quality	1.71 (0.98)	1.20 (0.97)	-3.49	< 0.001
Sleep latency	1.82 (0.93)	1.16 (1.00)	-4.25	< 0.001
Sleep duration	1.14 (1.05)	0.68 (0.88)	-2.97	0.003
Sleep efficiency	0.72 (0.88)	0.18 (0.41)	-4.69	< 0.001
Sleep disturbances	1.59 (0.66)	1.34 (0.68)	-2.30	0.002
Use of medications	0.35 (0.88)	0.16 (0.60)	-1.65	0.099
Daytime dysfunction	1.13 (0.80)	0.71 (0.65)	-3.51	< 0.001
Global PSQI	No. (%)	No. (%)		
Good (< 5)	20 (23.5)	46 (54.1)	$\chi^2 = 16.74$	< 0.001
Poor (≥ 5)	65 (76.5)	39 (45.9)		

COVID-19: coronavirus disease 2019; SD: standard deviation; PSQI: Pittsburgh Sleep Quality Index

^aSignificant at $P < 0.05$.