

Table 2. Stress-related symptoms and behaviours reported by hospitalized confirmed and suspected COVID-19 patients

Stress-related symptoms and behaviours	No. (%)
Irritability	111 (97.4)
Anxiety	75 (65.8)
Sleep problems	49 (43.0)
Afraid due to fear of infecting family	45 (39.5)
Frustration	34 (29.8)
Feeling scared for no reason	34 (29.8)
Anger	22 (19.3)
Investing majority of free time reading or watching corona-related information	13 (11.4)
Exhaustion	13 (11.4)
Pessimism/ hopelessness	11 (9.6)
Felt rejected in family/neighborhood because of illness	10 (8.8)
Absence of emotional response	10 (8.8)
Poor concentration/indecisiveness	7 (6.1)
Nightmares	5 (4.4)
Detachment from others	5 (4.4)
Deteriorating work performance.	3 (2.6)
Reduced awareness or being in a daze	2 (1.8)
Avoiding information about corona as much as possible	2 (1.8)
Depressed mood	1 (0.9)