

**Table 5 Association of salt intake with demographic, education, smoking status, physical activity and anthropometric indicators**

Indicators	Adults		Children and adolescents	
	B regression (SE)	P	B regression (SE)	P
Age (yr)	-0.17 (0.03)	<0.001	0.11 (0.04)	0.005
Male sex	0.38 (0.08)	<0.001	0.34 (0.07)	<0.001
Education (yr)	-0.34 (0.09)	0.003	—	—
Paternal education (yr)	—	—	-0.30 (0.12)	0.021
Maternal education (yr)	—	—	-0.28 (0.11)	0.029
Smoking status	0.14 (0.06)	0.031	-0.08 (0.07)	0.231
Total physical activity (METs min/wk)	-0.36 (0.11)	0.015	-0.31 (0.12)	0.025
BMI (kg/m <sup>2</sup> )	0.03 (0.01)	0.490	0.03 (0.17)	0.875
WC (cm)	0.04 (0.03)	0.205	0.07 (0.06)	0.291

Education entered as continuous variables. BMI = body mass index; METs = metabolic equivalent of task units; SE = standard error; WC = waist circumference.