

Table 4 Nutritional status of participants according to geriatric depressive disorders

Variable	Without depressive disorders (n = 140) No. (%)	With depressive disorder (n = 151) No. (%)	P-value
BMI category			
Normal weight	25 (17.9)	32 (21.2)	< 0.001
Overweight	60 (42.9)	40 (26.5)	
Obese	55 (39.3)	79 (52.3)	
Mini nutritional assessment category			
Well-nourished	50 (35.7)	72 (47.7)	< 0.0001
Risk of malnutrition	32 (22.9)	49 (32.5)	
Malnourished	58 (41.4)	30 (19.9)	

BMI= body mass index.