

Table 4 Cut-off points for the nutritional traffic light labelling (28)

| Index | Low level | | Medium level | | High level | | | |
|------------------|-----------|------------|----------------|------------------|------------|------------|------------------|--------|
| | Per 100 g | Per 100 mL | Per 100 g | Per 100 mL | Per 100 g | Per 100 mL | Per serving size | |
| Salt | ≤ 0.3 | ≤ 0.3 | > 0.3 to ≤ 1.5 | > 0.3 to ≤ 0.75 | > 1.5 | > 0.75 | > 1.8 | > 0.9 |
| Sugar | ≤ 5 | ≤ 2.5 | > 5 to ≤ 22.5 | > 2.5 to ≤ 11.25 | > 22.5 | > 11.25 | > 27 | > 13.5 |
| Fat | ≤ 3 | ≤ 1.5 | > 3 to ≤ 17.5 | > 1.5 to ≤ 8.75 | > 17.5 | > 8.75 | > 21 | > 10.5 |
| Trans fatty acid | ≤ 0.5 | ≤ 0.5 | > 0.5 to ≤ 2 | > 0.5 to ≤ 2 | > 2 | > 2 | > 2 | > 2 |

100 g is used for solid foods and 100 mL for liquid foods.