Table 1 Characteristic of Iranian adult participants (n = 102) in the validity study for the Food Frequency Questionnaire and the Diet History Questionnaire

Characteristic	No.	%
Marital status		
Single	20	19.6
Married	82	80.4
Sex		
Male	62	60.8
Female	40	39.2
Education level		
Illiterate	2	2.0
Lower than high school	34	35.1
High school	35	36.1
University	27	27.8
	Mean	**SD**
Age (years)	43.2	12.3
Body mass index (kg/m²)	25.3	0.5

SD = standard deviation