

Table 3 Awareness and treatment pattern for hypertension by age group among 4500 adults in the Kenya STEPS Survey–2015

Total sample	Age groups in years					P
	Total n (%)	18–29 n (%)	30–44 n (%)	45–59 n (%)	60–69 n (%)	
Ever blood pressure measured by healthcare worker	2218 (44.1)	658 (38.3)	846 (45.6)	477 (54.9)	237 (54.0)	< 0.001
Ever previously diagnosed with raised blood pressure or hypertension	484 (19.3)	89 (11.9)	143 (16.8)	160 (32.6)	92 (37.0)	< 0.001
Hypertension measured	1241 (25.0)	225 (14.5)	405 (25.6)	378 (45.3)	233 (52.3)	< 0.001
Hypertension measured, diagnosed and/or treated	1428 (28.6)	285 (17.7)	475 (29.2)	413 (49.1)	255 (58.3)	< 0.001
Of hypertensives						
Aware	475 (29.6)	88 (25.8)	139 (25.8)	156 (36.4)	92 (34.4)	0.042
Treated (drugs, medication)	115 (6.5)	7 (1.1)	20 (5.5)	48 (10.1)	40 (14.4)	< 0.001
Controlled	187 (12.5)	60 (18.0)	70 (12.4)	35 (7.6)	22 (10.2)	0.027
Aware of hypertension						
Treated (drugs, medication)	118 (22.1)	7 (4.4)	22 (22.5)	49 (27.6)	40 (46.7)	0.002
Ever traditional healer	18 (2.7)	1 (1.3)	5 (2.4)	8 (2.6)	4 (7.0)	0.228
Currently taking herbal or traditional remedy	12 (1.1)	1 (0.1)	2 (1.2)	6 (0.8)	3 (3.9)	0.033
Of treated						
Controlled	38 (39.2)	5 (34.6)	5 (45.6)	15 (36.1)	13 (38.1)	0.919