

Table 1 Characteristics of surveyed households (n = 4500)

Variables	n (%)
Mean no. of residents	3.96 (SD1.77)
Households with only 1 person	278 (6.2%)
No. of persons in household	1–15
Mean household crowding (persons/room) ^a	1.16 (SD 0.64)
Range	0.1–7
Geographic distribution (n, %)	
Greater Beirut	1320 (29.3%)
Mount Lebanon	950 (21.1%)
North Lebanon	920 (20.4%)
South Lebanon	750 (16.7%)
Bekaa	560 (12.5%)
Categories of household respondents	
Fathers	1670 (37.1%)
Mothers	1626 (36.1%)
Others	1204 (26.8%)
Household prevalence of selected diseases	
Diabetes	1313 (29.2%)
Hypertension	1406 (31.2%)
Hypercholesterolaemia	1131 (25.1%)

^aHigher crowding indicates lower socioeconomic status. SD = standard deviation.