

**Table 1 Characteristics of the teachers**

<b>Characteristic</b>	<b>No. (%) (n = 80)</b>
<b>Age (years)</b>	
< 30	6 (8)
30–40	49 (61)
41–50	24 (30)
> 50	1 (1)
<b>Education level</b>	
Bachelor's degree	69 (86)
Diploma	5 (6)
Master's degree	6 (8)
<b>Main subject taught</b>	
Biological sciences	39 (49)
Physical education	26 (33)
Health education	15 (19)
<b>Years of experience</b>	
< 3	20 (25)
3–5	8 (10)
6–10	15 (19)
11–15	17 (21)
> 15	20 (25)