

Table 2 Smoking modalities in both genders.

Variable	Category	Females N (%)	Males N (%)	Overall N (%)	P-value
Smoker		173 (23.5)	780 (61.8)	953 (47.7)	<0.001
Smoking modalities	Cigarettes only	40 (23.1)	195 (25.6)	235 (25.1)	0.001
	Waterpipe only	34 (19.7)	31 (4.1)	65 (7.0)	
	Cigarettes & waterpipe	97 (56.1)	536 (70.3)	633 (67.7)	
	Other types alone (cigar, pipe, etc.)	2 (1.2)	0 (0.0)	2 (0.2)	
Cigarette consumption (cigarettes/day)	<10	75 (55.1)	212 (28.5)	287 (32.6)	<0.001
	10-20	35 (25.7)	368 (49.4)	403 (45.7)	
	21-30	8 (5.9)	114 (15.3)	122 (13.8)	
	31-40	9 (6.6)	20 (2.7)	29 (3.3)	
	>40	9 (6.6)	31 (4.2)	40 (4.5)	
Waterpipe consumption (times/week)	Once	39 (34.2)	163 (30.2)	202 (30.9)	0.151
	2-3	31 (27.2)	179 (33.2)	210 (32.2)	
	4-6	26 (22.8)	82 (15.2)	108 (16.5)	
	7-10	11 (9.6)	59 (10.9)	70 (10.7)	
	> 10	7 (6.1)	56 (10.4)	63 (9.6)	
Age at smoking initiation (years)	<12	2 (1.8)	28 (3.9)	30 (3.6)	0.008
	12-14	13 (11.6)	138 (19.4)	151 (18.3)	
	15-18	52 (46.4)	363 (51.1)	415 (50.4)	
	19-22	45 (40.2)	178 (25.0)	223 (27.1)	
	>22	0 (0.0)	4 (0.6)	4 (0.5)	
Attempting to stop smoking	Yes	53 (40.8)	447 (62.0)	500 (58.8)	<0.001
	No	77 (59.2)	274 (38.0)	351 (41.2)	
Longest period without smoking	<1 week	72 (50.7)	360 (49.8)	432 (49.9)	0.165
	1-2 weeks	17 (12.0)	132 (18.3)	149 (17.2)	
	2-4 weeks	24 (16.9)	86 (11.9)	110 (12.7)	
	>1 month	29 (20.4)	145 (20.1)	174 (20.1)	