

Table 1 Sociodemographic characteristics of participants

Sociodemographic characteristic	No. (%) (n=376)
Sex	
Male	301 (80)
Female	75 (20)
Age (years)	
18-29 years	185 (49.2)
30-44 years	121 (32.2)
45-60 years	54 (14.4)
Over 60 years	16 (4.2)
Marital status	
Never married	186 (49.5)
Married	168 (44.5)
Widowed	13 (3.5)
Divorced/separated	9 (2.5)
Education	
Primary school or less	13 (3.5)
Intermediate or secondary school	111 (29.5)
College	229 (60.9)
Higher education	23 (6.1)
Health status	
Excellent	306 (81.4)
Fair	69 (18.4)
Poor	1 (0.26)
Employment status	
Student	102 (27.1)
Employed	226 (60.1)
Unemployed	48 (12.8)
Monthly income (Saudi riyals^a)	
< 5000	143 (38)
5001-10000	112 (29.8)
10001-15000	75 (20)
15001-25000	38 (10.1)
> 25000	8 (2.1)

^aUS\$ 1 = 3.75 Saudi Riyals. Percentages do not all sum to 100 because of rounding.