

Table 1 Frequency of consuming healthy and unhealthy food intake among adolescents in the Gaza Strip

Intake category & frequency	Males (n = 205) (%)	Females (n = 173) (%)	Total (n = 378) (%)
Healthy			
Low	42.9	44.5	43.7
High	57.1	55.5	56.3
Unhealthy			
Low	55.6	53.2	54.5
High	44.4	46.8	45.5

Table 2 Healthy food intake among male and female adolescents in the Gaza Strip

Sex	Mean score	SD	t-test	P
Male (n = 205)	1.57	0.24	4.035	< 0.001
Female (n = 173)	1.69	0.33		

SD = standard deviation.