

Table 5: Comparing breast feeding pattern in children born through planned NVD versus planned C-Section

Breast feeding	Planned NVD N = 1367	Planned C-section N = 1071	P-value
Initiation of breast feeding			
Was not started at all	1 (0.1)	3 (0.2)	< 0.001 [§]
Within 2 hours after delivery	1316 (96.3)	1001 (93.5)	
Within 3 three days after delivery	50 (3.6)	67 (6.3)	
Duration of breast feeding (months)	19.9 (± 6)	18.8 (± 8.1)	< 0.001[*]
Less than 7 days after birth	20 (1.5)	19 (1.7)	
The first month of life	16 (1.2)	37(3.4)	
Up to 2 months old	15 (1.1)	20 (1.8)	
Up to 4 months old	35 (2.4)	62 (5.9)	
Up to 6 months old	46 (3.2)	56 (5.2)	< 0.001 ^{§§}
Up to 1 year old	54 (4.0)	67 (6.3)	
Up to 1.5 years old	149 (11)	92 (8.6)	
Up to 2 years old	1032 (75.5)	716 (66.9)	
For more than 2 years	0	2 (0.2)	
Duration of exclusive breast feeding (weeks) 20.9 (± 1.6)		19.8 (± 2.2)	< 0.001[*]
Never	15 (1.1)	16 (1.5)	
Less than one month	29 (2.1)	45 (4.2)	
Less than 4 months	101 (7.4)	107 (10)	0.01 ^{§§}
4 months	212 (15.5)	195 (18.2)	
6 months	1010 (73.9)	708 (66.1)	

*Independent T test

§Chi-square test

§§Fisher's exact test

P values less than 0.05 is considered significant.

Data are reported as mean (± standard deviation), or frequency (%); NVD = normal vaginal delivery