

**Table 4 Description of factors related to the healthcare provider and patient's knowledge about the disease**

<b>Factor</b>	<b>N (%)</b>
<b><i>Frequency of physician's visit</i></b>	
Monthly	11 (3.3)
Once every 2 months	5 (1.5)
Once every 3 months	21 (6.2)
Once every 6 months	78 (23.1)
Once per year	134 (39.8)
Less than once per year	88 (26.1)
<b><i>Physician's explanation</i></b>	
No	20 (5.9)
Yes	317 (94.1)
<b><i>Do you think you have enough information about the disease?</i></b>	
No	187 (55.5)
Yes	150 (44.5)
<b><i>Postponing / cancelling medical appointments at the last minute</i></b>	
No	158 (46.9)
Yes	179 (53.1)
<b><i>Following a recommended diet</i></b>	
No	240 (71.2)
Yes	97 (28.8)
<b><i>Main source of iodine</i></b>	
Iodized salt	80 (23.7)
Seafood	183 (54.3)
Don't know	74 (22)
<b><i>Which part of the body needs iodine</i></b>	
Thyroid gland	199 (59)
Don't know	138 (41)
<b><i>The most negative outcome for iodine deficiency</i></b>	
Impaired growth	31 (9.2)
Hypothyroidism	157 (46.6)
Don't know	149 (44.2)