Table 1 Characteristics of the participants (n = 22)

Characteristic	%
Mean (SD) age (years)	**40.8 (12.5)**
Age range (years)	**30–67**
Marital status	
Married	50.0
Single/divorced/widowed	50.0
No. of children	
0	59.0
1	27.3
2	4.6
3	9.1
Perceived general health	
Bad	22.7
Moderate	40.9
Good	36.4
Education	
High school diploma	22.7
Higher education	77.3
Occupation	
Housewife	27.2
Employed	72.8