

Table 3 Numbers and percentages of normal and overweight or obese adolescents according to socioeconomic and lifestyle variables

	Normal weight		Overweight or obese		Total		P
	n	%	n	%	N	%	
Gender							
Boys	782	89.57	91	10.43	873	100	0.18
Girls	779	87.52	111	12.48	890	100	
Total	1561	88.54	202	11.46	1763	100	
Average family income (MAD/month)							
Low (≤ 6000)	1402	89.07	172	10.93	1574	100	0.004*
Medium (6000–10 000)	85	83.33	17	16.67	102	100	
High ($\geq 10 000$)	42	76.36	13	23.64	55	100	
Not reported	32	100	0	0	32	100	
Total	1561	88.54	202	11.46	1763	100	
Father's education level							
Low	859	91.09	84	8.91	943	100	0.004*
Medium	458	85.77	76	14.23	534	100	
High	244	85.31	42	14.69	286	100	
Total	1561	88.54	202	11.46	1763	100	
Mother's education level							
Low	1127	90.66	116	9.34	1243	100	0.001*
Medium	341	83.99	65	16.01	406	100	
High	93	81.58	21	18.42	114	100	
Total	1561	88.54	202	11.46	1763	100	
Television viewing (h/day)							
≤ 1	511	90.45	54	9.55	565	100	0.32
1–2	665	88.21	89	11.80	754	100	
2–4	235	87.36	34	12.64	269	100	
≥ 4	150	85.71	25	14.29	175	100	
Total	1561	88.54	202	11.46	1763	100	
Use of computer (h/day)							
A few times a week	167	91.98	15	8.02	182	100	0.003*
≤ 1	556	92.52	47	7.48	603	100	
1–2	455	87.19	68	12.81	523	100	
2–4	226	86.18	38	13.82	264	100	
≥ 4	157	82.74	34	17.26	191	100	
Total	1561	88.54	202	11.46	1763	100	
Sleep duration (h/day)							
< 8	574	89.31	71	10.69	645	100	0.75
9–10	376	87.93	53	12.07	429	100	
> 10	611	89.09	78	10.91	689	100	
Total	1561	88.54	202	11.46	1763	100	
Practise sports at school							
Yes	1523	88.82	198	11.18	1721	100	0.56
No	38	91.49	4	8.51	42	100	
Total	1561	88.54	202	11.46	1763	100	
Practice of sport outside school							
Yes	524	90.97	52	9.03	576	100	0.02*
No	1037	87.36	150	12.64	1187	100	
Total	1561	88.54	202	11.46	1763	100	
Mode of transport to school							
Walking	1431	89.32	171	10.68	1602	100	0.001*
Motor vehicle	130	80.74	31	19.26	161	100	
Total	1561	88.54	202	11.46	1763	100	

MAD, Moroccan dirham

P for χ^2 test

*Significant