

**Table 4 Risk factor groups for noncommunicable diseases, overall and by sex and age group**

<b>Variable</b>	<b>No risk factors % (95% CI)</b>	<b>1–2 risk factors % (95% CI)</b>	<b>3–5 risk factors % (95% CI)</b>	<b><math>\chi^2</math> (P-value)</b>
<b>Overall</b>	<b>0.6 (0.4–0.9)</b>	<b>59.3 (57.0–61.7)</b>	<b>40.0 (37.6–42.4)</b>	
<b>Sex</b>				<b>0.447 (0.800)</b>
Male	1.1 (0.6–1.6)	61.7 (59.0–64.3)	37.2 (34.6–39.9)	
Female	0.3 (0.1–0.4)	57.6 (54.6–60.6)	42.1 (39.1–45.1)	
<b>Age groups (years)</b>				<b>7.792 (0.020)</b>
18–44	0.8 (0.5–1.1)	64.9 (62.4–67.5)	34.3 (31.7–36.8)	
45–69	0.3 (0.1–0.6)	45.8 (42.1–49.5)	53.9 (50.2–57.6)	

CI = confidence interval.