

Table 2 Prevalence of menopausal symptoms according to menopause rating scale among the postmenopausal women

Menopausal symptom	% with symptoms (<i>n</i> = 1 100)	% with moderate to very severe symptoms ^a
Hot flush, sweating	49.2	31.2
Heart discomfort	33.4	9.1
Sleep problems	22.1	11.2
Joint, muscular discomforts	82.1	53.6
Depressed mood	30.4	13.1
Irritability	23.5	11.3
Anxiety	30.3	10.6
Physical, mental exhaustion	69.6	29.7
Sexual problems	19.8	10.4
Bladder problems	32.1	13.1
Vaginal dryness	33.2	15.1

^aPercentage of those reporting having the symptom.