

Table 3 Prevalence of noncommunicable disease risk factors according to urbanization level, Islamic Republic of Iran, 2011

Risk factor	Urbanization level	Males			Females			All		
		No.	%	95% CI	No.	%	95% CI	No.	%	95% CI
Daily tobacco use	Low	208	26.5	23.42-29.58	59	4.8	3.63-5.97	267	13.2	11.73-14.67
	Medium	471	27.5	25.39-29.61	80	3.4	2.67-4.13	551	13.5	12.46-14.54
	High	414	25.3	23.20-27.40	96	4.1	3.30-4.90	510	12.8	11.77-13.83
Low physical activity ^a	Low	252	32.1	30.44-33.76	536	43.3	40.56-46.04	788	38.9	36.78-41.02
	Medium	666	38.9	36.61-41.19	999	42.3	40.32-44.28	1665	40.9	39.40-42.41
	High	690	42.2	39.81-44.59	1103	47.2	45.19-49.21	1793	45.1	43.56-46.64
Low fruit & vegetable intake ^b	Low	609	77.5	74.59-80.41	1012	81.7	79.56-83.14	1621	80.0	78.26-81.74
	Medium	1455	85.0	83.31-86.96	2042	86.6	85.23-87.97	3497	85.9	84.84-86.96
	High	1370	83.7	81.92-85.57	1959	83.9	82.41-85.39	3330	83.8	82.66-84.94
High BMI ^c	Low	356	45.3	41.83-48.77	711	57.4	54.65-60.15	1067	52.7	50.53-54.87
	Medium	866	50.6	48.24-52.96	1461	61.9	59.95-63.85	2327	57.2	55.69-58.71
	High	910	55.6	53.20-58.00	1488	63.7	61.75-65.65	2399	60.4	58.88-61.92
High blood Pressured ^d	Low	125	15.9	13.35-18.45	210	16.9	14.82-18.98	335	16.5	14.89-18.11
	Medium	335	19.6	17.73-21.47	489	20.7	19.07-22.33	824	20.2	18.97-21.43
	High	237	14.5	12.81-16.20	310	13.3	11.93-14.67	547	13.8	12.73-14.87

Low fruit & vegetable intake significant only for men.

CI = confidence interval.

BMI = body mass index.

^a< 150 min of moderate or intense physical activity per week.

^b< 5 servings of fruit and vegetables per day.

^cBMI ≥ 25 kg/m.

^dSystolic blood pressure ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg.

^eKruskal-Wallis test, significant at $P < 0.05$.