

**Table 2 Pearson correlation coefficients between main variables of research**

	1	2	3	4	5	6	7	8	9	10	11
1. DIF	1										
2. DDF	0.40**	1									
3. EOT	0.009	0.10*	1								
4. Alexithymia	0.74**	0.67**	0.48**	1							
5. Percieved stress	0.45**	0.26**	0.06	0.40**	1						
6. Experiential avoidance	0.49**	0.35**	0.11**	0.45**	0.65**	1					
7. Somatic	0.38**	0.21**	0.03	0.30**	0.37**	0.38**	1				
8. Anxiety	0.43**	0.21**	0.06	0.34**	0.57**	0.56**	0.61**	1			
9. Social dysfunction	0.16**	0.13**	0.13**	0.19**	0.45**	0.46**	0.06	0.28**	1		
10. Depression	0.43**	0.20**	0.06	0.33**	0.49**	0.53**	0.57**	0.68**	0.27**	1	
11. Mental health problems	0.47**	0.25**	0.10*	0.39**	0.63**	0.65**	0.73**	0.87**	0.52**	0.86**	1

\* $P < 0.05$ ; \*\* $P < 0.001$ .

DIF – difficulty identifying feelings; DDF – difficulty describing feelings; EOT – externally oriented cognitive style of thinking.