

Table 2 Participants' reasons for not starting or leaving treatment

Item	<i>n</i>	%
Motivational inconsistencies (<i>n</i> = 76)	50*	65.8*
I changed my mind about being in the treatment at this point	38	50.0
I had no good reason to stop using drugs	21	27.6
I did not feel motivated enough to keep coming	25	32.9
I lost hope in my ability to change right now	27	35.5
Staff conflicts (<i>n</i> = 76)	21*	27.6*
I had a negative interaction with another staff member	11	14.5
I did not like or trust some of the staff	15	19.7
I felt that staff did not like, respect or want to help me	15	20.0
Boundary concerns (<i>n</i> = 75)	34*	45.3*
I had a personality conflict with people at the programme	19	25.3
I was worried that the therapist would talk about my situation to my family	11	14.7
I was worried that the therapist would give my personal information to the police	6	8.0
I felt my privacy or confidentiality might not be respected	12	16.0
Somebody I know is a client or staff member in the programme	7	9.3
I said or did some things that would make it hard for me to go back	9	12.0
I was worried I would get involved in the wrong things like drugs, sex or crime because of people around the programme	8	10.7
Outside influences (<i>n</i> = 73)	63*	86.3*
Problems with family or acquaintances kept me from coming in	16	21.9
I felt that I could get better on my own or with self-help meetings	45	61.6
I did not have enough support from people in my life to stay in the programme	21	28.8
I decided to go to another programme for help	32	43.8
Program expectations (<i>n</i> = 73)	42*	57.5*
I did not like the rules the programme had	24	32.9
I was confused about what the programme wanted me to do	13	17.8
I did not like the kind of services offered at the programme	20	27.4
The wait to start the programme was too long	25	34.3
Problem severity (<i>n</i> = 73)	34*	46.6*
My medical problems kept me from coming	7	9.6
My drug use was so heavy I could not come in	17	23.3
My alcohol use was so heavy I could not come in	2	2.7
My mental health or psychological problems kept me from coming	27	37.0
Logistical problems (<i>n</i> = 73)	42*	57.5*
I had transportation problems that kept me from coming	26	35.6
I had childcare problems that kept me from coming in	1	1.4
The hours of the programme were not good for me	24	32.9
I did not have money or insurance to pay for the programme	22	30.1
Drug treatment problem (<i>n</i> = 12)	7*	58.3*
I thought that I would become dependent to methadone or buprenorphine	6	50.0
I thought that I would experience side effects of methadone or buprenorphine	3	25.0

*Any item endorsed.