

Table 1 Sociodemographic characteristics of the women according to awareness and intake of folic acid

Characteristic	Total (n = 1000)	Ever heard of folic acid	Time of folic acid intake					
			No. (%)	No. (%)	No. (%)	Any time after first trimester	Preconception	First trimester
						No. (%)	No. (%)	No. (%)
Age (years)								
< 18	14 (1.4)	12 (85.7)	3 (21.4)	1 (7.1)	7 (50.0)			
18-	636 (63.6)	527 (82.9)	130 (20.4)	23 (3.6)	361 (56.8)			
31-	292 (29.2)	232 (79.5)	69 (23.6)	8 (2.7)	152 (52.1)			
≥ 41	58 (5.8)	42 (72.4)	12 (20.7)	0 (0)	27 (46.6)			
Residence								
Urban	628 (62.8)	539 (85.8)	123 (19.6)	21 (3.3)	385 (61.3)			
Rural	372 (37.2)	274 (73.7)	93 (25.0)	11 (3.0)	167 (44.9)			
Education								
Illiterate	209 (20.9)	163 (78.0)	41 (19.6)	3 (1.4)	112 (53.6)			
Primary	258 (25.8)	197 (76.4)	52 (20.2)	10 (3.9)	134 (51.9)			
Secondary	284 (28.4)	239 (84.2)	66 (23.2)	9 (3.2)	158 (55.6)			
Higher secondary	160 (16.0)	135 (84.4)	41 (25.6)	7 (4.4)	86 (53.8)			
University and above	89 (8.9)	79 (88.8)	16 (18.0)	3 (3.4)	59 (66.3)			
Occupation								
Housewife	874 (87.4)	700 (80.1)	201 (23.0)	15 (1.7)	475 (54.3)			
Employee	81 (8.1)	75 (92.6)	7 (8.6)	17 (21.0)	51 (63.0)			
Labourer	35 (3.5)	29 (82.9)	6 (17.1)	0 (0)	19 (54.3)			
Self-employed business woman	10 (1.0)	9 (90.0)	2 (20.0)	0 (0)	7 (70.0)			
Parity								
0	666 (66.6)	545 (81.8)	139 (20.9)	25 (3.8)	378 (56.8)			
1-	175 (17.5)	149 (85.1)	33 (18.9)	4 (2.3)	104 (59.4)			
≥ 5	159 (15.9)	119 (74.8)	44 (27.7)	3 (1.9)	70 (44.0)			
Prior abortion								
Yes	271 (27.1)	221 (81.5)	65 (24.0)	3 (1.1)	137 (50.6)			
No	729 (72.9)	592 (81.2)	151 (20.7)	29 (4.0)	409 (56.1)			
Antenatal care (at least one visit)								
Yes	912 (91.2)	754 (82.7)	201 (22.0)	31 (3.4)	513 (56.3)			
No	88 (8.8)	59 (67.0)	15 (17.0)	1 (1.1)	39 (44.3)			
Antenatal care entry								
1st trimester	613 (61.3)	534 (81.7)	105 (17.1)	24 (3.9)	386 (63.0)			
2nd trimester	192 (19.2)	138 (71.9)	62 (32.3)	3 (1.6)	71 (37.0)			
3rd trimester	92 (9.2)	64 (69.2)	23 (25.0)	2 (2.2)	37 (40.2)			
Booking								
Booked	742 (74.2)	615 (82.9)	158 (21.3)	24 (3.2)	430 (58.0)			
Not booked	258 (25.8)	198 (76.7)	58 (22.5)	8 (3.1)	106 (41.1)			