

Table 2 Distribution of students' scores in ASTIU and ALP according to the individual and Internet-related characteristics (*n* = 2043)

Variable	No. (%)	ASTIU Mean (SD)	ALP Mean (SD)
Sex			
Female	456 (22.3)	76.18 (16.75)	111.08 (14.32)
Male	1587 (77.7)	71.54 (17.75)	111.42 (17.22)
		$z = -5.60, P < 0.001$	$z = -0.36, P = 0.720$
Age groups (years)			
14–16	1127 (55.2)	72.26 (16.88)	111.80(16.18)
17–19	916 (44.8)	72.97 (18.53)	110.78 (17.12)
		$z = -0.47, P = 0.640$	$z = -0.82, P = 0.413$
Mean (SD), (Min–Max)	16.29 (0.99), (14–19)	$r = 0.134, P = 0.146$	$r = 0.170, P = 0.064$
Body mass index			
< 18.50 (underweight)	337 (16.5)	71.89 (16.95)	110.39 (17.03)
18.50–24.99 (normal)	1439 (70.4)	73.00 (17.59)	111.93 (16.58)
25–29.99 (overweight)	229 (11.2)	71.47 (19.09)	108.85 (16.33)
30 (obese)	38 (1.9)	69.13 (16.23)	112.45 (14.46)
		$\chi^2 = 5.70, P = 0.127$	$\chi^2 = 8.28, P = 0.041$
Owns computer			
Yes	1397 (68.4)	70.52 (17.34)	112.54 (16.42)
No	646 (31.6)	77.02 (17.47)	108.75 (16.74)
		$z = -8.16, P < 0.001$	$z = -4.52, P < 0.001$
Uses the Internet			
Yes	1979 (96.9)	72.31 (17.56)	111.38 (16.60)
No	64 (3.1)	80.77 (18.06)	110.25 (16.98)
		$z = -3.66, P < 0.001$	$z = -0.87, P = 0.385$
Duration of Internet usea (h/week)			
(Mean (SD), (Min–Max))	18.75 (17.01), (1–93)	$r = -0.198, P < 0.001$	$r = -0.084, P < 0.001$

*a*Examined in the 1979 individuals who used the Internet.

z = Mann–Whitney U test; χ^2 = Kruskal–Wallis test. Statistical significant set at $P < 0.05$.

ASTIU = Attitude Scale towards Internet Usage; ALP = Adolescent Lifestyle Profile; SD = standard deviation.