

Table 1 Demographic characteristics and physical activity rate/level of the participants (*n* = 400)

Variable	Value
	Mean (SD)
<i>Age (years)</i>	15.52 (0.50)
<i>Father's occupation</i>	No. (%)
Worker	43 (10.8)
Employee	120 (30.0)
Self-employed	197 (49.2)
Retired	31 (7.8)
Unemployed	9 (2.2)
<i>Mother's occupation</i>	
Worker	5 (1.2)
Employee	41 (10.2)
Self-employed	17 (4.2)
Retired	2 (0.5)
Housekeeper	335 (83.8)
<i>Father's education</i>	
Illiterate	49 (12.2)
Low literate	305 (76.2)
Diploma	28 (7.0)
Bachelor	18 (4.5)
<i>Mother's education</i>	
Illiterate	59 (14.8)
Low literate	302 (75.6)
Diploma	23 (5.8)
Bachelor	16 (4.0)
<i>Physical activity</i>	Mean (SD)
Minutes per week	53.12 (13.92)
	No. (%)
Inactive (0 minutes per week)	0 (0)
Less active (< 420 minutes per week)	400 (100)
Active (\geq 420 minutes per week)	0 (0)

SD = standard deviation.