

Table 5 Multivariate relationships between sociodemographic/clinical variables of the type 2 diabetes patients and their overall self-care scores

Predictors	B	SE B	β	P-value
Age \geq 65 years	-0.256	0.222	-0.082	0.251
Female sex	0.753	0.173	0.321	0.000
Income > SR 50 000	0.305	0.158	0.129	0.055
Formal education	-0.067	0.181	-0.027	0.712
Disease duration \geq 8 years	-0.128	0.161	-0.052	0.429
Glucose uncontrolled	-0.403	0.208	-0.122	0.054
Smoker	-0.684	0.237	-0.192	0.004

F = 9.30, P = 0.001, R² = 0.251.