

**Table 1 Characteristics of type 2 diabetes patients who participated in the study (n = 210)**

Variable	Respondents	
	No.	%
<i>Age (years)</i>		
26-65	172	82
> 65	37	18
<i>Sex</i>		
Male	105	50
Female	105	50
<i>Income/year (Saudi riyals)</i>		
< 50 000	116	55
≥ 50 000	94	45
<i>Education level</i>		
No formal education	70	33
Formal educated	139	67
<i>Disease duration (years)</i>		
< 8	71	34
≥ 8	138	66
<i>Blood glucose</i>		
Controlled	30	15
Uncontrolled	174	85

Data were missing in some categories.