

**Table 2 Distribution of health literacy levels of schoolteachers ( $n = 500$ ) on the Newest Vital Sign (NVS) scale**

Health literacy level (NVS score <sup>a</sup> )	Males ( $n = 332$ )		Females ( $n = 168$ )		Total ( $n = 500$ )	
	No.	%	No.	%	No.	%
Very limited (score 0-1)	168	50.6	52	31.0	220	44.0
Limited (score 2-3)	103	31.0	46	27.3	149	29.8
Adequate (score 4-6)	61	18.4	70	41.7	131	26.2

<sup>a</sup>Score range 0-6.